

## Castle Carvery Allergen information

This guide is provided to enable you to make your own decision on menu choice. We are unable to recommend or inform you what is suitable for you to eat. The descriptions on our menus do not include all ingredients or allergens, therefore always check the allergen guide to identify suitable dishes.

The information in this allergen guide is based on supplier specifications and recipe information. **Please be aware that this allergen information is subject to change, therefore ensure that you check it each time you visit. You will need to make sure you personally inform a Manager of your specific allergy dietary requirements, before you place your order. You need to do this every time you dine with us, even if you have previously eaten the dish.** This way we can ensure that extra attention to detail is taken when preparing your meal, in order to help prevent allergen cross-contamination.

Accompaniments and standard garnishes are included, unless specified. Items that are added as an additional self-selection choice or upgrade must be reviewed and added to the base information.

We regularly review the allergen data available to us. Although the circumstances in which a product is made, stored or packaged and distributed may change without our knowledge.

Not all products and dishes are available at all sites and are subject to change without prior warning.

### Cross-contamination:

Please be aware that in our kitchen we handle food products containing, celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya, sulphur dioxide and derivatives of these allergens. Therefore it is impossible to fully guarantee that your meal has not accidentally come into contact with an undeclared allergen.

Cooking equipment (e.g grills, fryers etc) and food preparation areas may be shared. It is possible that any fried items you select from this guide may have been cooked in the same frying oil as items containing allergens, meat and dairy dishes.

Please ask a Manger if you would like additional information regarding our cooking methods and policy. If you are concerned about allergen cross-contamination of the food you wish to order please inform a Manager.

**As part of the legislation on The Provision of Food Information to Consumers, Regulation EU 1169/2011, we only highlight allergenic ingredients if they are intentionally added to a product.**

### Cereals and Gluten:

The information in our allergen guide relating to “cereals containing gluten” is applicable to wheat, rye, barley, oats, spelt, kamut and the hybridised strains and products thereof. For identification of these specific cereals containing the gluten. Please request to see the product label/recipe.

We cannot guarantee the total absence of allergens in our dishes.

**Ve Vegan**

**V Vegetarian**

**GFI Gluten Free Ingredient**





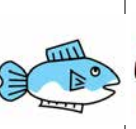
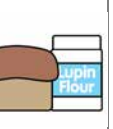




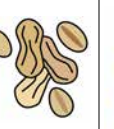

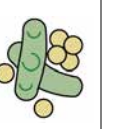

**GFlA Gluten Free Ingredient Alternative – See GFI menu**





Cranberry juice VGFI														
Apple juice VGFI														
Orange juice VGFI														
Semi-skimmed milk VGFI							✓							
Whole milk VGFI							✓							

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY



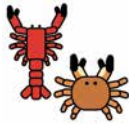


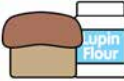








MAIN MENU														
Soup of The Day	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato and basil <b>VG</b> <b>FIA</b>	✓	✓					✓							
Tomato and red pepper <b>VG</b> <b>FIA</b>	✓	✓												
Leek and potato <b>VG</b> <b>FIA</b>	✓	✓					✓							
Vegetable <b>VG</b> <b>FIA</b>	✓	✓												
Minestrone <b>G</b> <b>FIA</b>	✓	✓		✓			✓						✓	
Carrot and coriander <b>VG</b> <b>FIA</b>	✓	✓					✓							
Carrot and butternut squash <b>VG</b> <b>FIA</b>	✓	✓					✓							





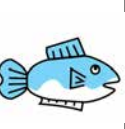









## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Starters & Sharers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Classic Prawn Cocktail <b>GFA</b>		✓	✓	✓			✓							
Crispy Garlic Mushrooms <b>V</b>		✓		✓					✓					
Crispy Battered King Prawns		✓	✓						✓				✓	
Breaded Mozzarella Sticks <b>V</b>		✓		✓			✓		✓					
Garlic Bread <b>V</b>		✓					✓							
Cheese Garlic Bread <b>V</b>		✓					✓							
Chicken Goujons		✓							✓					
Barbecue Wings		✓							✓					



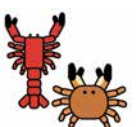

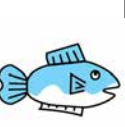









Calamari		✓		✓				✓	✓					
Cheesy Nachos VGFI								✓						
Classic Platter		✓						✓		✓				
Feast Platter		✓		✓				✓		✓				
Plaice Goujons		✓		✓	✓			✓		✓				
Brie Wedges V		✓						✓		✓				

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Chicken & Ribs	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Half Rotisserie Chicken (no sauce) GFI				✓					✓					
Half Chicken (no sauce) and Ribs GFI				✓					✓				✓	
Half Rack of Ribs GFI				✓					✓				✓	
Full Rack of Ribs GFI				✓					✓				✓	

MAIN MENU														
Chicken & Ribs Sauces	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Piri Piri Sauce <b>GFI</b>														
Sweet Chilli Sauce <b>GFI</b>														
BBQ Sauce <b>GFI</b>									✓					

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Fish	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Traditional Cod and Chips		✓			✓								✓	
Salmon Fillet Mornay		✓			✓		✓		✓					
Breaded Scampi		✓	✓	✓			✓							
Luxury Fisherman's Pie		✓	✓		✓		✓		✓					



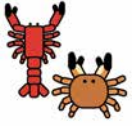

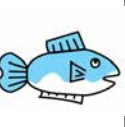









### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY







## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Steak Sauces	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bearnaise sauce <b>GFI</b>				✓			✓							
Peppercorn sauce	✓	✓		✓			✓		✓					
Diane sauce <b>GFI</b>	✓						✓		✓					

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY



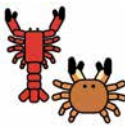

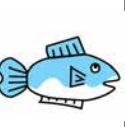
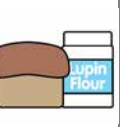

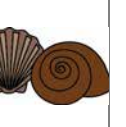
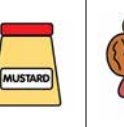
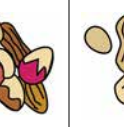
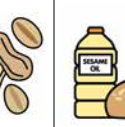
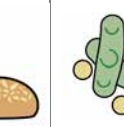
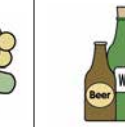

MAIN MENU														
Gourmet Burgers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese Deluxe Beef Burger <b>GFIA</b>		✓		✓			✓		✓			✓	✓	
C&B Beef Burger <b>GFIA</b>		✓		✓			✓		✓			✓	✓	
Western Burger		✓		✓			✓		✓				✓	
Castle Tower Beef Burger		✓		✓			✓		✓				✓	
Hot Zing Burger	✓	✓		✓			✓		✓				✓	
New York Chicken Burger <b>GFIA</b>		✓		✓			✓		✓			✓	✓	
Veggie Cheesy Nut Burger <b>V</b>		✓		✓			✓		✓	✓			✓	
Hog House Burger <b>GFIA</b>		✓		✓			✓		✓			✓	✓	





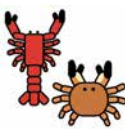


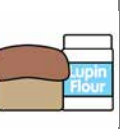




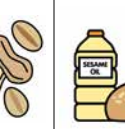
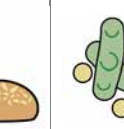
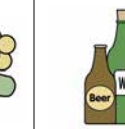



Cocktail sausages		✓											✓	✓
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## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Carvery Pies	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Steak and Ale Pie		✓		✓			✓						✓	
Steak and Kidney Pie		✓		✓			✓						✓	
Steak and Stilton Pie		✓		✓			✓						✓	
Chicken and Gammon Pie		✓		✓			✓						✓	
Spiced Vegetable Tart <b>V</b>	✓	✓					✓							
Spiced Vegetable Tart without cheese <b>VVe</b>	✓	✓												

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Carvery Vegetarian Options	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide



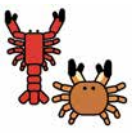

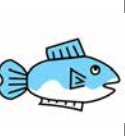















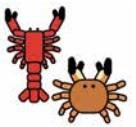
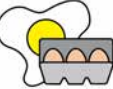
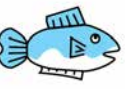
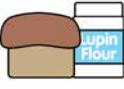










Sweet Potato Fries **V GFI**

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

DESSERTS														
Hot Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Treacle Sponge Pudding <b>V GFIA</b>		✓		✓			✓						✓	
Syrup Sponge Pudding <b>V GFI</b>				✓			✓						✓	
Sticky Toffee Pudding <b>V</b>		✓		✓			✓						✓	
Suet Sponge Pudding <b>V</b>		✓		✓			✓							
Apple Pie <b>V</b>		✓		✓			✓							✓
Fruit Crumble <b>V</b>		✓					✓							



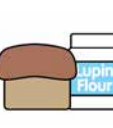



## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

DESSERTS														
Ice Cream Sundaes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Choc & Nut Fudge Sundae <b>V GFIA</b>		✓		✓			✓			✓	✓		✓	✓
Banoffee Basket <b>V</b>		✓		✓			✓						✓	
White Choc & Mallow Sundae <b>GFIA</b>		✓		✓			✓						✓	
Eton Mess Sundae <b>V GFI</b>				✓			✓							
Trio of Ice Cream <b>V GFIA</b>		✓		✓			✓						✓	
Choc-O-Lot Challenge		✓					✓						✓	✓
Oreo Cookie Sundae <b>V</b>		✓		✓			✓						✓	

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY





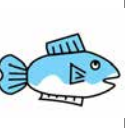




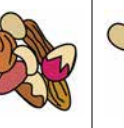

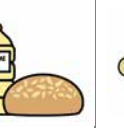
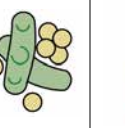

DESSERTS														
Patisserie	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Banana & Custard <b>VGFI</b>							✓							
Fresh Strawberries & Cream <b>VGFI</b>							✓							
Traditional Baked Cheesecake <b>V</b>		✓		✓			✓							
Lemon Meringue Pie <b>V</b>		✓		✓			✓							
Triple Chocolate Fudge Cake <b>V</b>		✓		✓			✓						✓	
Lumpy Bumpy		✓		✓			✓			✓			✓	
Rocky Road Cake		✓		✓			✓						✓	
Cookie Dough Salted Caramel Pie		✓		✓			✓						✓	
Billionaire's Shortbread Cake		✓		✓			✓						✓	

Some desserts can be gluten free without a wafer or cookie pieces. Please ask your server for details.



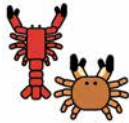


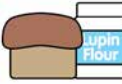








GLUTEN FREE DESSERTS														
Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fresh Strawberries & Cream <b>VGFI</b>							✓							
Fresh fruit salad <b>VeGFI</b>														
Eton Mess Sundae <b>VGFI</b>				✓			✓							
Banana & Custard <b>VGFI</b>							✓							
White Choc & Mallow Sundae (No wafer or chocolate buttons) <b>GFI</b>				✓			✓						✓	
Choc & Nut Sundae (no wafer) <b>VGFI</b>				✓			✓			✓	✓		✓	✓
Syrup Sponge Pudding <b>VGFI</b>				✓			✓						✓	

Trio of Ice Cream <b>VGFI</b>				✓			✓						✓	
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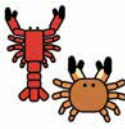

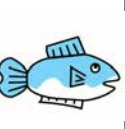



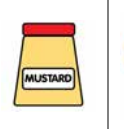
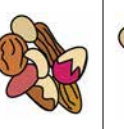
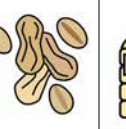

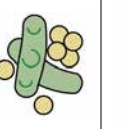

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Nibbles and Sharers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheesy Nachos <b>VGFI</b>							✓							
Chunky Chips <b>VGFI</b>														
Cheesy Chunky Chips <b>VGFI</b>							✓							
Spicy Potato Wedges and Dips <b>VGFI</b>							✓		✓					
Classic Platter		✓		✓			✓		✓					
Feast Platter		✓		✓			✓		✓					

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY



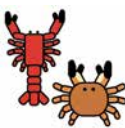


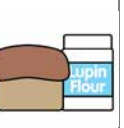





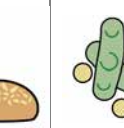
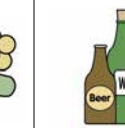

LIGHT BITES MENU														
Sandwiches	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Farmhouse Cheddar and Onion Chutney V		✓					✓		✓					
Carvery Roast Ham and Tomato		✓					✓		✓					
Carvery Roast Ham and Farmhouse Cheddar		✓					✓		✓					
Prawns & Marie Rose Sauce		✓	✓	✓			✓		✓					
Tuna Mayonnaise		✓		✓	✓		✓		✓					

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY






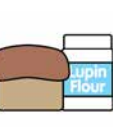








LIGHT BITES MENU														
Wraps	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Caesar		✓		✓	✓		✓		✓					
Fajita Chicken		✓					✓							
Southern Fried Chicken		✓		✓			✓							
Sweet Chili Crispy Chicken Wrap		✓		✓			✓							





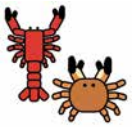

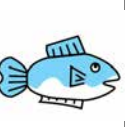
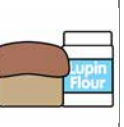




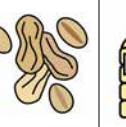

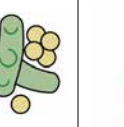

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Cold Filled Baguettes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Farmhouse Cheddar and Onion Chutney V		✓					✓		✓					
Prawns & Marie Rose Sauce		✓	✓	✓			✓		✓					
Carvery Roast Ham and Farmhouse Cheddar		✓					✓		✓					
Tuna Mayonnaise		✓		✓	✓				✓					



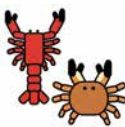


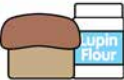








## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Hot Filled Baguettes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef and Yorkshire		✓		✓			✓		✓					
Turkey and Stuffing		✓					✓		✓					
Bacon and Cheese		✓					✓		✓					
Pork and Stuffing		✓					✓		✓					✓
Tuna Cheesy Melt		✓			✓		✓		✓					
Pulled Pork		✓					✓		✓					





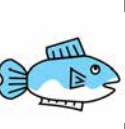
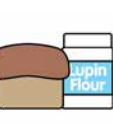








## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Jacket Potatoes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Farmhouse Cheddar <b>VGFI</b>							✓		✓					
Baked Beans <b>V VE GFI</b>									✓					
Prawns & Marie Rose Sauce <b>GFI</b>			✓	✓					✓					
Tuna Mayonnaise <b>GFI</b>				✓	✓				✓					
Coleslaw <b>VGFI</b>				✓			✓		✓					

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY





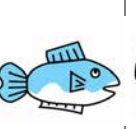





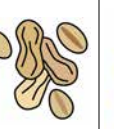

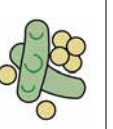

KIDS' MENU														
Starters	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Kids Vegetable Soup <b>V GFIA</b>	✓	✓					✓							
Prawns with Seafood Sauce Dip <b>GFI</b>			✓	✓										
Garlic Bread <b>V</b>		✓					✓							

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

KIDS' MENU														
Smaller Appetite Meals (u7s)	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Turkey Dinosaurs		✓					✓							
Cheese and Tomato Pizza <b>V</b>		✓					✓							
Pork Sausages in a Yorkshire		✓		✓			✓						✓	✓
Cheesy Jacket Potato <b>V GFI</b>							✓							
Beefburger (Halal)		✓										✓	✓	✓



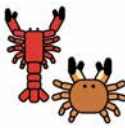

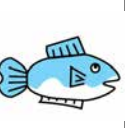
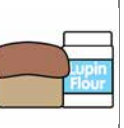


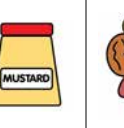
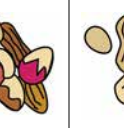
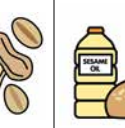
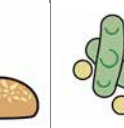
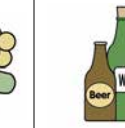

Cheeseburger (Halal)		✓					✓					✓	✓	✓
100% Cod Fish Fingers	✓	✓				✓								
Chicken Nuggets	✓	✓												

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY



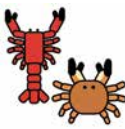

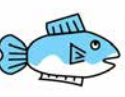
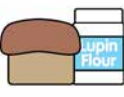








KIDS' MENU														
Larger Appetite Meals (u10s)	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Sausages in a Yorkshire		✓		✓			✓						✓	✓
6oz Beefburger		✓					✓					✓	✓	
6oz Cheeseburger		✓		✓			✓						✓	
Deluxe Chicken Korma <b>GFA</b>		✓					✓						✓	

Gammon, Egg and Chips <b>GFI</b>				✓										
Large Chicken Nuggets		✓												
Fish Fillet in Breadcrumbs		✓			✓									
Deluxe Steak Meal <b>GFlA</b>		✓							✓					

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

KIDS' MENU														
Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
DIY Sundae		✓		✓			✓						✓	
Vanilla Ice Cream <b>VGFlA</b>		✓		✓			✓						✓	
Banana & Custard <b>VGFI</b>							✓							

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

KIDS' PARTY MENU														
Kid's Party	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Party Chicken Nuggets	✓	✓												
Party Burger (Halal)	✓	✓										✓	✓	✓
Party Turkey Dinosaurs	✓	✓					✓							
Party Fish Fingers	✓	✓			✓									
Party Strawberry Mousse <b>VGFI</b>							✓							